



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

ST CHADS CHC

ESITEBHISINI

NEWS

GROWING KWAZULU NATAL TOGETHER

MAY 2024

AWARDING EXCELLENCY



UThukela Health District presented its excellent award ceremony in Ladysmith - Crown Hotel.

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Isibhedlela kubantu

Word of the day

WELCOME



Dr. SE Mnguni - CEO/Medical Manager

I'm thrilled to welcome each and everyone of you in the financial year 2024/2025. I have never been so happy to interact with you again. Our partners, I'm not leaving you behind because when we growing our facilities - we are together.

I would like to thank staff members for a continuous commitment to work with integrity and tirelessly towards providing quality health care services.

Allow me to enumerate few of our achievements as St Chads CHC. Congratulations to Sahlumbe and Gcinalishona Clinic for achieving status during Office of Health Standard Compliance assessment. Thank you to everyone who has contributed. Patient waiting time is one of the indicators under quality of service in health facility. Installation of Pele Box has strengthen CCMDD. In this case, stable clients are provided with an alternative mechanism to access their medication. Continue to encourage clients to take their medical treatment accordingly so that they can be enrolled to CCMDD.

Lastly HPV ,measles and bilharzia campaigns were successfully conducted. Once again, thank you.

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HOD FOR HEALTH VISITED EZAKHENI NO.2 CLINIC



Head of Department - Dr. S Tshabalala with St Chads CHC Managers

KZN Health HOD, Dr. S Tshabalala visited eZakheni no.2 clinic which needs a roof revamping. The visit was part of the Premier's service delivery Imbizo where provincial government visited Alfred Duma Local Municipality to intervene and unlock projects to better Alfred Duma and its dwellers.

The revamping of eZakheni NO .2 clinic roof was one of the identified projects that needed intervention. In the instance, HOD met with UThukela Health District office District Director –Mrs NC Ndhlovu and St Chads CHC Management led by Dr SE Mnguni at eZakheni NO.2 clinic to see the state of the current ceiling board. During the HOD's visit, the ceiling board was not his only central point but he also emphasized that staff should minimize patient waiting. Patient waiting times can be detrimental to quality care and negatively impact satisfaction of clients. Dr Tshabalala engaged with clients to verify if the clinic complies with the notices on the boards. Notices stipulates that overall waiting times is 2hours. The patients responded positively.

Also, he ensured that the emergency trolley is always complying with ideal clinic standards and have all the medication needed in case of emergencies to save the lives of clients.

Dr S. Tshabalala proceeded to Qophindlela sport ground where St Chads CHC offered health services to eZakheni community.

02

BITS AND PIECES OF IMBIZO



Top left: Mhlumayo Mobile nurses

Top right: Dr S Dass—Dentist

Bottom left: Dr S Tshabalala at eZakheni No.2 (emergency room)

Bottom right: Ms J Harmand - Occupational Therapy

HEALTH FACILITIES WERE HONORED BY UTHUKELA HEALTH DISTRICT OFFICE



Left Picture: St Chads CHC Team made a big splash when the CHC was announced to receive an award

Middle Picture : St Chads CHC Team with KwaMteyi Clinic Operation Manager

Right Picture: Mr A Mohamed (District M&E), Ms Mkhize (Rockcliff Clinic former Manager) and Ms NC Ndhlovu (District Director)

UThukela Health District presented its excellent award ceremony in Ladysmith - Crown Hotel.

On the 4th of March 2024, the awards were presented to recognize, honor and celebrate all facilities that complied with Office of Health Standard Compliance (OHSC).

OHSC plays a vital role in quality assurance of healthcare service. All health facilities are expected to be compliant with Office of Health Standard guidelines in order to be certified in preparation for NHI roll out plan. UThukela Health District Director– Mrs NC Ndhlovu emphasized that regardless of tribulations, long journey, as a district we've come together to achieve tremendous success and team work.

"It wasn't an easy journey but we've made it" said sister Mthethwa– Ezakheni NO.2 clinic Operational Manager when she was elucidating the OHSC journey - when it commenced until now. District Quality Assurance - Vuyisile Radebe concurred with Sister Mthethwa by stating that when OHSC assessment started some left, but she congratulated all those who stayed even in hardships. "We learned, we implemented and we achieved", said Ms Radebe.

Folks, as a reader you can catch a glimpse that with OHSC only the fittest survived. Congratulations are in order to all St Chads CHC facilities that are certified by OHSC. Those that haven't been certified, start now.

Under St Chads CHC, the recipients were Rockcliff Clinic, KwaMteyi Clinic and St Chads CHC.

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GCINALISHONA OPEN DAY



You'll all agree with me when I say most Africans express their joy through singing and dancing. Attendees were in high spirit

Gcinalishona clinic hosted an open day on the 30th of November 2023. The aim of the event was to enlighten the public on the services offered by the clinic to the community and operation hours. The event also touched on Gender Based Violence (GBV) and World Aids Day awareness.

The event was graced with the presence of Ms. Ntlou—Manager from TB/HIV care who was excited to announce the Hub of Hope Program conducted that will be launched at Gcinalishona Clinic for young people from the ages of 10 to 24. This program aims to empower young people by educating the youth on the spread of HIV and AIDS, the risk of having unprotected sex and the effects teenage pregnancy has on young girls.

The Hub of Hope also aims to bring back the youth. Ms Ntlou said that the program will offer tablets and wireless internet for educational purposes to kids. Also, enhance the talents and skills of the youth with hopes of keeping them away from the streets.

“We are grateful for the complaints, compliments and suggestions we receive from our clients. Complaints assist to identify the gaps, and also work on the gaps identified then provide quality of care services”, said Sister Guliwe. She further pleaded with the public to continue to use the complaints, compliments and suggestions boxes. Community members’ greatest reason for jubilation was to interact with health care works.



Sister Guliwe-OM at eZakheni E Clinic guest speaker elucidating the services.

PUTTING AN END TO SILENCE



Signing of pledge of commitment by Mr Hlatshwayo - Admin Clerk Supervisor

On the 6th of December 2023, St Chads CHC hosted a Gender Based Violence (GBV) and Mental health event in honor of the 16 days of activism for no violence against women and children. With the high number of women and children exposed to abuse, the event aimed to spread awareness to the community on the following elements: Intimate partner violence, emotional abuse, sexual assault, socio economic abuse and domestic violence.

The Gender Based Violence awareness aimed to equip the community on extensive knowledge surrounding Gender Based Violence and for the community to know where to find help whenever they are faced with such issues.

“If you or anyone you know is a victim of abuse of any form, please report at the police station. Mostly if there is an act of sexual abuse, such act should be reported to the police. At the police station they then involves the Department of Health. After this process you should then seek emotional and psychological support from social workers. Victims do not join the queue at health facilities they are prioritized” advise given to the patients by Sister Ndlonzi (Operational Manager).

The event was graced with the presence of Ms L Mthembu (Clinical Coordinator) who highlighted how being a Gender Based Violence victim can lead to suffering from different types of mental illness. The community was encouraged to take a stand against Gender Based Violence and were given the measures to take to prevent the pandemic (GBV).

St Chads community members were also willing to put an end to Gender Based Violence and create a violence free community by signing a pledge of commitment to never participate or support Gender Based Violence against women and children.



St Chads Community members acquiring knowledge

MOMENTS CAPTURED



Mr Sitole - IPC Coordinator signing pledge of commitment



Signing of pledge of commitment by community members



Ms Mthembu addressing the audience



Audience actively listening to the speakers



Signing of pledge of commitment by community member



“LET COMMUNITIES LEAD”



St Chads CHC staff members celebrating World AIDS Day

St Chads CHC played an important role in the fight against HIV and AIDS by hosting World AIDS Day event on the 8th of December 2023. The objective for the event was to make the public aware of the role they should play in fighting against HIV and AIDS and to show support for people living with HIV/AIDS. Clients were made aware of the HIV prevention measures, treatment services and care offered at St Chads CHC.

The community and staff members came out in numbers with their red ribbons as a symbol for the fight against HIV and AIDS. We also appreciate our supporting partners HST, TB/HIV Care and LGBTQ for their contribution to making this event a fruitful one. The fight to end the stigma against AIDS still continues. “There’s still life after testing positive, living with HIV is not a death sentence, the most important thing you need to do is to adhere to your medication. You can live a healthy life with a positive status”. words of encouragement by Mr Xaba to the people living with HIV.

Community Health Workers portrayed a role play to educate and motivate the public, during the role play the public were informed on the importance of taking Prep medication, regularly getting tested and ways to prevent the spread of HIV during pregnancy.



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HERE'S A SNEAK PEAK



Pic 1



Pic 2



Pic 3

Pic 1: Community members attentively listening to speakers sharing educational information

Pic 2: Mr Sakhile Xaba - Health promotion Coordinator at Uthukela District Municipality.

Pic 3: Play role by St Chads CHC Community Health Workers

Pic 4: Sir S Mkhize - Health Systems Trust explaining the purpose of the awareness



Pic 4



CHRISTMAS AND NEWYEAR BUNDLE OF JOY



Left: Sister N Mthombeni and Sister XA Malinga

Right : Mothers bursting with excitement as they receive gifts and meet their babies.

St Chads CHC congratulated the parents of 02 babies born on Christmas Day and 03 babies born on New year's Day. These newborns included 04 females and 01 male. The clinic extended warm wishes to their families for a life filled with love and joy. The celebration took place at the Maternity Unit, with dedicated nurses, and radiant mothers and their new born babies. All babies were delivered naturally, the first Christmas baby was delivered at 00h07 AM and the last baby was delivered at 23h40 PM.

On January 1 2024, the first New Year's baby was delivered at 13h28 PM, 2nd baby at 14h28 PM with the last birth at 14h54 PM. All these babies weighed more than 2.5 kilograms. Mothers were given health education on cord care and exclusive breastfeeding, they were also advised to register their babies with Home Affairs within one month. Nurses emphasized the importance of family planning especially to the young, unemployed and unmarried mothers and recommended preconception counselling to screen for diseases like diabetes and hypertension. Maintaining a healthy lifestyle was also encouraged for healthy conception. St Chads CHC remains dedicated to the well-being of mothers and infants, promoting a healthy start for the newest community members and supporting families in every way possible. Mothers expressed gratitude for the gifts and care received during their clinic stay. The birth of the babies bought joy, happiness and promise to their families. St Chads CHC senior management would like to thank all the staff members who contributed towards the gifts, this day would have not been a success without your generosity.

UMNYANGO WEZEMPILO ULETHA IZINSI- ZA KUSEBENZA KUBANTU



Abalaphi bendabuko bezibandakanya engxoxweni ehinta isifo sofuba.



Umphakathi uphume mgobuningi uzohlomula izinsiza zikahulumeni ezisondezwe eduzane

Ngomhlaka -19 kuNdasa unyaka ka-2024, ikomidi likaSukuma Sakhe (Ward 33,35,36) liholwa uMnyango Wezempilo wase St Chads CHC balethela umphakathi isibhedlela kubantu kanye nengxoxo (dialogue) eyayimayelana nesifo sofuba, endaweni yaseMkhasi. Inhloso yomcimbi kwakungukusondeza zonke izinsiza zikahulumeni kubantu njengoSAPS, DSD, Home Affairs, SASSA kanye nezinye ezilethwa ngamaNGO. Umphakathi watshengisa ukusithokozela isibhedlela kubantu ngoba awuzange uzibambezele waphuma ngobuningi bawo uzothola izinsiza zikahulumeni ezahlukene, lolusuku lwaba impumelelo.

Ngenxa yokuthi uNdasa inyanga yokuqwashisa ngesifo sofuba, umnyango wezempilo ube usuthatha lelithuba ukumema abalaphi bendabuko ukuba bezobathulela inxoxo mayelani nesifo sofuba, ukusetshenziswa kukaPreP, isifo senculaza kanye nokuhlukumezeka kwabantu besifazane nezingane.

UBongani Nzimande (HST Mobilizer) ube esengcizelela ukuthi “ Isifiso esifana nesofuba asilapheki ngamakhamba esintu, ngakho ke siyaninxusa balaphi ukuba nigqugquzele abantu abaphila nesifo sofuba ukuba baye emtholampilo bezothola usizo oludingekayo ukuze balapheke. Lokhu kusozisa ukwehlisa ukubhebhethaka kwalesifo kanye nobungozi obungayimbangela ye-MDR ne-XDR”.

Inhloso yalengxoxo kwakungukutshengisa abalaphi bendabuko indima abangayidlala ukulekelela umnyango wezempilo ukwehlisa izinga lokubhebhethaka kwesifo sofuba kanye nokwehlisa izinga labantu abane sifo sofuba abangafuni ukuthatha imishanguzo yabo ngenxa yezinkolelo zabo ezahlukahlukene.

WORD OF THE DAY

“Why you so quite, what’s on your mind?”

St Chads CHC staff members were asked to share

Mental Health is how you think, feel and behave. If you have troubled thoughts and feelings and a changed behaviour, please seek help at your nearest clinic.

N Molefe - Registered Counsellor

Healthy eating plays a major role in improving good health and decrease the chances of developing non-communicable diseases in all stages of life.

S Mavundla - Nutritionist

Do not share your prescribed medication with anyone, rather refer that person to the clinic. It is also important to finish your antibiotics to avoid resistance.

S Dubazane– Pharmacist

Eat healthy, do regular excises for weight reduction to avoid the risks of obesity.

W Sibiya– Professional Nurse

To our clients: If you are dissatisfied with the service provided to you, St Chads CHC encourages you to raised your concern.

If you are satisfied - compliments us

Staff : Thank you to everyone who contributed and committed in making positive changes at St Chads CHC

GP Mabaso - Public Relations Officer

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Thank you to all who contributed in the newsletter. Isandla sindlula ikhanda.

